










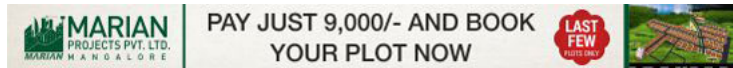


Latest


- [Sr Jacintha Saldanha takes on as Provincial Superior for St Joseph's Province, Sisters of St Ann](#)
 Sun, Jun 05
- [Puttur: Prof Ganesh Bhat elected as President of Mathematics Forum](#)
 Sun, Jun 05  2
- [Mangaluru: World Environment Day celebrated at MRPL](#)
 Sat, Jun 04
- [Bengaluru: SPICMACAY Anubhav 4 - The Hybrid Convention held](#)
 Sat, Jun 04
- [Mangaluru: FMMC holds CME 'Thyroid and Women's Health Update'](#)
 Sat, Jun 04
- [In run up to World Environment Day, PETA India pitches for veganism](#)
 Sat, Jun 04
- [Kundapur: Financial distress in business - Hotelier ends life](#)
 Sat, Jun 04  1



KARNATAKA



Review: 'Book of Myths' by Acharya Prashant

-  Tue, Jul 20 2021 04:06:35 PM

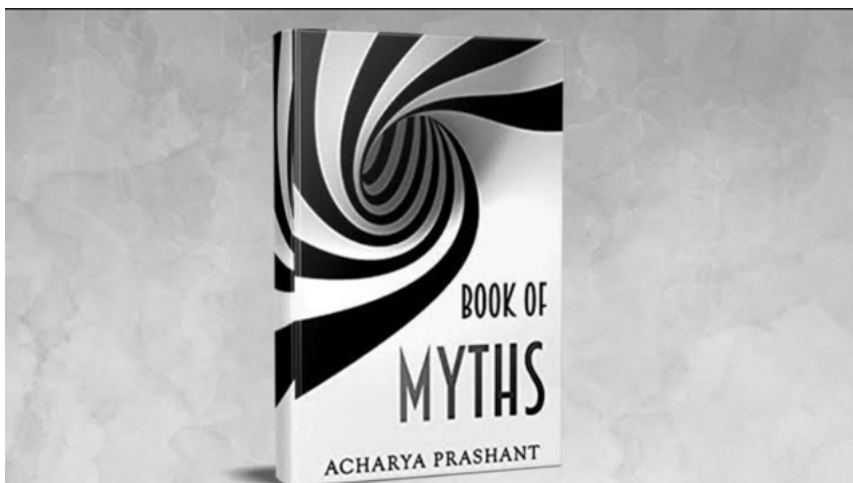


By Alvin Monteiro

Bengaluru, Jul 20: 'Book of Myths' is not just a compilation of myths revolving around the truth, sense of self, and spirituality, but it also contains answers and resolution of those myths by Advaita teacher Acharya Prashant. Acharya Prashant has published several books over years, but this remains an important one since it successfully connects the reader to the realities and clears the mist around the questions the reader is perhaps carrying with itself or years.

Acharya Prashant talks about hope, positive thinking, desire, individuality, sixth sense, inner voice and opens up other elemental concepts while debunking

he myths around them. The topics (myths) covered in the book are carefully selected and curated so that they are aligned with the most common misconception and myths that people actually face.




through this book, Acharya Prashant also answers questions that are relevant for a seeker of truth in contemporary society. For example, 'what is meditation?', 'who is a guru?', 'what do we mean by prayer?' and so on. This propels the reader (seeker) plummeting towards self-discovery to enquire into the nature of self, truth, and Maya.

What makes the book truly interesting is that the author quotes from scriptures of various religions. He refers to the Quran, Bible, and Bhagavad Gita alike and quotes Guru Nanak and Guatama Buddha, reinstating that religions are not the gatekeepers of the path to self-discovery and truth.

The daily-life examples to explain complex concepts and situations, something that is commonly observed in his online discourses, are seen here as well. But what is problematic here is a lack of empathy for the seeker in the sense that sometimes what is said assumes or demands a certain level of spiritual training or understanding from the reader (seeker).

Top Stories



Mangaluru: 'Wines & Spiritz' inaugurates its 9th outlet at Kulshekar

📅 1 day ago 🔁 5

Leave a Comment Your Email address will not be published.

Title: Review: 'Book of Myths' by Acharya Prashant

Your Comments [Please limit your comments within 2000 characters]

You have 2000 characters left.

Disclaimer:

Please write your correct name and email address. Kindly do not post any personal, abusive, defamatory, infringing, obscene, indecent, discriminatory or unlawful or similar comments. Daijiworld.com will not be responsible for any defamatory message posted under this article.

Please note that sending false messages to insult, defame, intimidate, mislead or deceive people or to intentionally cause public disorder is punishable under law. It is obligatory on Daijiworld to provide the IP address and other details of senders of such comments, to the authority concerned upon request.