

Profound Wisdom of Acharya Prashant: Bhagavad Gita's Guidance for Life and Diwali's True Essence

According to Acharya Prashant, the Bhagavad Gita imparts lessons on selfless action and love, emphasizing that ego and ignorance are the root problems of human existence.



Written by **Priyanka Rai**

November 5, 2023



Acharya Prashant

In the Srimad Bhagavad Gita, a profound dialogue takes place between Lord Krishna and Arjuna, set against the backdrop of the epic Mahabharata war. The timeless teachings found in the Gita continue to offer guidance on how to lead a meaningful life even in the modern world.

During the Geeta Deepotsav program, hosted on the occasion of Diwali at Gautam Buddha University, participants from all corners of the country engaged in discussions. Acharya Prashant, representing the Prashant Advaita Sanstha, provided insightful answers to the seekers' questions. He emphasized that while celebrating Diwali is important, it holds true significance when the inner light of one's mind is illuminated. External celebrations, devoid of inner peace and clarity, remain empty.



Acharya Prashant stressed the importance of self-knowledge in understanding and celebrating festivals. Superficial celebrations in the name of religion, devoid of spiritual depth, do not lead to genuine fulfillment. He highlighted the need for inner transformation, likening the bitterness within our hearts to the sweets we distribute during festivals.

Drawing a parallel with the Mahabharata, Acharya Prashant explained the significance of embracing reality and seeking the guidance of a true mentor when life's path becomes uncertain. Shri Krishna's counsel to Arjuna to fulfill his duty, regardless of the war's outcome, was a crucial lesson in facing life's challenges.

According to Acharya Prashant, the Bhagavad Gita imparts lessons on selfless action and love, emphasizing that ego and ignorance are the root problems of human existence. True knowledge, or "Vidya," serves as the ultimate solution. The

Gita teaches that actions driven by selfishness lead to sorrow and that selflessness should be the foundation of our actions.

Acharya Prashant referenced the Gita's wisdom, highlighting that beyond the senses lies the intellect, beyond the intellect is the mind, and the soul is superior to the mind. He advocated for an education that focuses on character development.



In today's world, Acharya Prashant acknowledged the prevalence of pain and the universal desire for freedom from suffering. However, he emphasized the challenge of letting go of ingrained ignorance and false beliefs. Many people cling to these inner falsehoods, perpetuating suffering.

He further noted that people have become accustomed to false beliefs and superstitions, while our religious texts offer guidance on righteous living. Yet, many remain reluctant to embrace these teachings, leading to continued suffering. Without a genuine spiritual goal, the mind clings to erroneous notions, further perpetuating pain.

During the Deepotsav program, Acharya Prashant engaged with the curiosities and questions of around two thousand devotees. Additionally, he composed a poem that was sung during the bhajan evening, blending the verses of Saint Kabir with the wisdom of the Bhagavad Gita.