

Satya Sanatan Conclave: Spiritual teacher Acharya Prashant speaks on importance of Vedanta, Upanishads

At the Satya Sanatan Conclave spiritual teacher, Acharya Prashant spoke on the philosophies of life, Vedanta, the importance of Upanishads, religion and the importance of truth.



Acharya Prashant speaks at Satya Sanatan Conclave.

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At India TV's Satya Sanatan Conclave, renowned spiritual teacher, Acharya Prashant spoke on various profound topics. He mentioned that no one truly acknowledges helplessness and compulsion, emphasising that Vedanta does not recognize helplessness. He also pointed out that Gandhari's

blindfold became a significant factor in the Mahabharata and stated that Vedanta believes there should be only one religion in every situation. Acharya Prashant further discussed the concept that the history of humanity is embedded in every cell of our body and that our good deeds can compensate for our sins. He elaborated on the idea that ego lacks its vision, and that self-knowledge is the ability to see oneself clearly. In another reflection, he likened truth to the sun, saying that it is difficult to keep one's eyes open in front of the sun. Acharya Prashant urged that all women should turn towards the Upanishads, expressing his concern that the current generation is steeped in superstition about religion. "The Upanishads never address women separately. The Upanishads know humans, they do not know gender differences," he said.

Acharya Prashant on mind and liberation

Acharya Prashant expressed that the mind is both the cause of one's bondage and liberation. He emphasised that no external force, coincidence, time, or society can dominate an individual without their consent. According to him, if someone feels exploited or believes that something has been done to them forcefully, it is a result of their silent consent to being involved in the situation.



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'One who is compassionate towards himself first, becomes deserving'

Acharya Prashant stated that a person who has determination, sensitivity, and love for themselves, and shows compassion towards themselves first, becomes truly deserving. Such a person is aware of the fact that they are bound by their false beliefs, prejudices, and notions, and recognizes that these self-imposed bonds are holding them back.

'Sorrow is an innate part of a human being': Acharya Prashant

Acharya Prashant explained that the inherent condition of human beings is sorrow, which they are born with, live through, and ultimately face at death. He pointed out that the symptoms of sorrow include dissatisfaction, attachment, unfulfilled desires, and even sadness when desires are fulfilled. Additionally, aging, illness, and death are sources of sorrow. Since sorrow is not something people find dear or pleasant, the one who recognises this and questions why they should live in a state that is not aligned with their true nature, becomes deserving of liberation and understanding.