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Khushi Wadhwa | Updated: Monday, December 30, 2024, 04:15 PM IST



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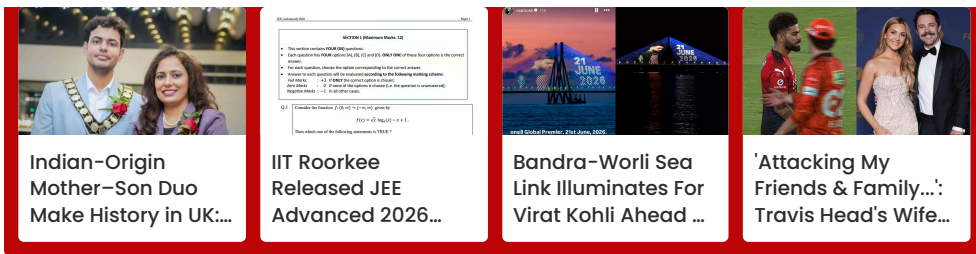


In an inspiring initiative aimed at fostering scientific as well as spiritual attitudes toward life in youth, PrashantAdvait Foundation (PAF) has been distributing books in schools and colleges across India. These books address modern existential dilemmas, resonating with a younger audience eager to explore life's profound questions.

With religion slowly becoming a bad and tarnished term for today's generation, books distributed by PrashantAdvait Foundation have helped in bringing back youngsters to spirituality. These books challenge traditional dogmas and encourage youngsters to question societal norms. By translating ancient wisdom into modern-day relevance, these books aim to ignite a sense of curiosity and self-awareness among students.

Reaching the Youth

The distribution drives organized by the PrashantAdvait Foundation have already reached thousands of students via hundreds of educational institutions. Schools and colleges from metropolitan cities to small towns are participating enthusiastically in this initiative. Educators have lauded the move, emphasizing how the books serve as a powerful tool to engage students in discussions about purpose, identity, and the value of inner clarity in an increasingly chaotic world.



“The transformative impact of the PrashantAdvait Foundation’s book distribution campaign on our students has been extraordinary,” says Sonika Sharma, Director Principal of G.D. Goenka Public School, Siliguri. “Recognizing this, we have established a dedicated section in our school library for these books and integrated them into our school curriculum. These resources are not just books but guides that inspire our students to think deeply and lead with clarity and purpose.”

“Our students need more than just academic knowledge and the books from PrashantAdvait Foundation provide them with a framework to think deeply and independently, which is essential for their overall growth,” says Mr. Manoj Mishra, Principal at DAV Public School where PrashantAdvait Foundation recently hosted the 2nd Shri A.N. Tripathi Memorial Lecture along with free book distribution.

“The distribution of books by PrashantAdvait Foundation in our school has sparked a new wave of curiosity among the students. The clarity and depth they offer have not only instilled a sense of purpose but also encouraged them to think critically and navigate challenges with a deeper understanding of themselves and the world around them,” says Dr. Kapil Sharma, Managing Director, Vidya Bal Bhavan School.

Interactive Sessions to Complement the Books

In addition to book distribution, interactive sessions and webinars are being organized, where celebrated author, philosopher, and Founder of PrashantAdvait Foundation, Acharya Prashant himself engages with students. These sessions delve into topics such as overcoming distractions, dealing with stress, and understanding the true essence of success. By addressing real-life concerns, the initiative bridges the gap between abstract philosophy and practical application. Books further lay a solid foundation for systematically understanding the principles of life-education.

“I was never into spirituality, but these books feel different,” shares Ankit Sharma, a 9th grade student from a Delhi’s leading school. “They’re not about jargons but about understanding yourself. They make you think.”

Empowering the Next Generation

The initiative’s ultimate goal is to empower students to lead more conscious and meaningful lives. By equipping them with timeless wisdom and tools for introspection, the campaign aims to create a ripple effect that extends beyond individual transformation to societal change.

With plans to expand the distribution drives in smaller towns and villages, PrashantAdvait Foundation hopes to reach even more students in the coming years. The initiative underscores the importance of integrating spiritual and philosophical education into mainstream academics, ensuring that young minds are not only well-informed but also self-aware.

In a world where material success often overshadows inner fulfillment, PrashantAdvait Foundation’s book distribution drives are proving to be a much-

needed antidote, inspiring a generation to pause, reflect, ask questions, and seek deeper meanings in life.

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